

MSSL Basketball 2016-17 Rules and Regulations

Boys and Girls basketball games will be governed by the current rules published by the National Federation of State High School Associations.

Teams, Personnel, Rosters:

- Boys and Girls basketball will consist of a maximum of two teams per school grade – 7 and 8. No more than one team per level is allowed.
- Players are allowed to, “play up” a grade level to fill vacancies, but are not allowed to, “play down” a grade.
- A player may play both at grade level and above in the same day.
- All team members must attend the school they will compete for.
- In case of a home school situation, a player may play for his or her school as long as it falls under the rules of attendance.

Court and Equipment:

- All games must be played on a court approved by the MSSL league.
- A standard game basketball will be used for all official contests.
- A timer, scoring device, and official score book must be present at all contests.
- All equipment is to be provided by the designated home team unless otherwise agreed upon by both teams.

Uniforms:

- Numbered uniforms are required and all school will attempt to wear uniforms that conform to official basketball numbering systems
- The home team will provide pinnies in case of color conflicts.

Game Procedures, Reporting, and Postponements:

- The proper number of players that will start a game is five (5). Should a team not be able to field the proper number of players, the game shall be considered a forfeit, but can still be played as a, “friendly” contest.
- If an injury occurs during the contest, a team may continue to play with all available players (a minimum of four (4)). A team may choose to not continue the contest, but the result will count a forfeit victory for the opposing team.
- Results of the contest shall be e-mailed to the League President within 24 hours after the contest has taken place.
- If a contest needs to be re-scheduled or postponed, after both teams have agreed upon a new date, they must inform the League President of the new date, location, and time of the contest. This is so the proper notification can be made to the officials.
- Regular game times are the following: 7th grade 3:45, and 8th grade 4:45. Changes may be made to these times as long as they are agreed upon by both schools.

Participation:

- Any player who is present and in uniform is considered an eligible to play.
- Each player on the bench must play in both halves of the game. If a player who is on the bench does not play in each half of the contest, the offending team will receive a forfeit.
- The Participation rule is enacted as a minimum requirement. It is expected that every school will set a policy which exceeds the minimum standard for participation. The philosophy of the league is to play all members of a team as much as possible. Winning is important, but not at the cost of any team member being excluded the opportunity to experience game play.

Time Outs:

- Four (4) time outs are permitted per contest. One (1) additional time-out will be awarded for the overtime period.
- Players and coaches are permitted to request a time-out.
- Each time out will be 1 minute long. Time kept by score keeper.

Full-Court Press:

- In all grades, there will be no full-court press if a team is ahead by more than ten (10) points
- Seventh grade (7th) will not be able to press until the fourthth (4th) quarter.

Free-Throws, 3 point Shots, Length of Games:

- If a player steps on or over the line before the ball leaves the shooters hand, it will be considered a lane violation.
- Shooter may not step over the Free Throw line until the ball hits the rim. Basket will not count.
- 3 point baskets are in effect in gyms that are marked with a designated three-point line.
- Games shall consist of four (4) 7 minute quarters with a 5 minute intermission between the first and second halves.

Overtime Rules:

- In the event of a tie game at the end of regulation time, the following method shall be used to break the tie:
- The overtime period will be three (3) minutes in length. If, after the first overtime period the score remains tied, additional periods will be played.
- Each team will be awarded an additional time-out during the overtime period.
- The game will be continued in this format until a winner is determined. Any safety concerns or time restraints shall take precedent in the event of multiple overtime periods.